

Sign of the Cross

In the name of the Father, and of the Son, and of the Holy Spirit.
Amen.

Our Father

Our Father, who art in heaven, hallowed be thy name. Thy kingdom come, thy will be done, on earth, as it is in heaven. Give us this day our daily bread and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil.
Amen.

Hail Mary

Hail Mary,
Full of Grace,
The Lord is with thee.
Blessed art thou among women,
and blessed is the fruit
of thy womb, Jesus.
Holy Mary,
Mother of God,
pray for us sinners now,
and at the hour of our death.
Amen.

Glory Be

Glory be to the Father,
and to the Son,
and to the Holy Spirit.
As it was in the beginning, is now,
and ever shall be,
world without end.
Amen.

Apostles Creed

I believe in God, the Father Almighty, Creator of Heaven and earth;
and in Jesus Christ, His only Son Our Lord,
Who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried.
He descended into Hell; the third day He rose again from the dead;
He ascended into Heaven, and sitteth at the right hand of God, the Father almighty; from thence He shall come to judge the living and the dead.
I believe in the Holy Spirit, the holy Catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body and life everlasting.
Amen.

Nicene Creed

I believe in one God,
the Father, the Almighty,
Maker of heaven and earth,
of all things visible and invisible.
I believe in one Lord Jesus Christ,
the only-begotten Son of God,
born of the Father before all ages,
God from God, Light from Light,
true God from true God,
begotten, not made,
consubstantial with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven: by the power of the Holy Spirit
was incarnate of the Virgin Mary,
and became man.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried,
and rose again on the third day
in accordance with the Scriptures.
He ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.
I believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is adored and glorified.
He has spoken through the Prophets.
I believe in one, holy, catholic and apostolic Church.
I confess one baptism for the forgiveness of sins,
and I look forward to the resurrection of the dead,
and the life of the world to come. Amen

Guardian Angel Prayer

Angel of God,
my guardian dear,
To whom God's love
commits me here,
Ever this day,
be at my side,
To light and guard,
Rule and guide.
Amen.

Prayer to St. Michael the Archangel

St. Michael the Archangel,
defend us in battle.
Be our defense against the wickedness and snares of the Devil.
May God rebuke him, we humbly pray,
and do thou,
O Prince of the heavenly hosts,

by the power of God,
thrust into hell Satan,
and all the evil spirits,
who prowl about the world
seeking the ruin of souls.
Amen.

Act of Contrition

My God, I am sorry for my sins with all my heart.
In choosing to do wrong and failing to do good,
I have sinned against you whom I should love above all
things.
I firmly intend, with your help, to do penance, to sin no
more,
and to avoid whatever leads me to sin.
Our Savior Jesus Christ suffered and died for us.
In His name. My God have mercy.
Amen.

The Magnificat

My soul proclaims the greatness of the Lord,
my spirit rejoices in God my Savior
for he has looked with favor on his lowly servant.
From this day all generations will call me blessed:
the Almighty has done great things for me,
and holy is his Name.

He has mercy on those who fear him
in every generation.
He has shown the strength of his arm,
he has scattered the proud in their conceit.

He has cast down the mighty from their thrones,
and has lifted up the lowly.
He has filled the hungry with good things,
and the rich he has sent away empty.

He has come to the help of his servant Israel
for he remembered his promise of mercy,
the promise he made to our fathers,
to Abraham and his children forever.

The Angelus

The Angel of the Lord declared to Mary:
And she conceived of the Holy Spirit.

Hail Mary, full of grace, the Lord is with thee; blessed art
thou among women and blessed is the fruit of thy womb,
Jesus. Holy Mary, Mother of God, pray for us sinners,
now and at the hour of
our death. Amen.

Behold the handmaid of the Lord: Be it done unto me
according to Thy word.

Hail Mary . . .

And the Word was made Flesh: And dwelt among us.

Hail Mary . . .

Pray for us, O Holy Mother of God, that we may be
made worthy of the promises of Christ.

Let us pray:

Pour forth, we beseech Thee, O Lord, Thy grace into our
hearts; that we, to whom the incarnation of Christ, Thy
Son, was made known by the message of an angel, may
by His Passion and Cross be brought to the glory of His
Resurrection, through the same Christ Our Lord.

Amen.

The Memorare

Remember, O most gracious Virgin Mary, that never was
it known that anyone who fled to thy protection, implored
thy help, or sought thine intercession was left unaided.
Inspired by this confidence, I fly unto thee, O Virgin of
virgins, my mother; to thee do I come, before thee
I stand, sinful and sorrowful. O Mother of the Word
Incarnate, despise not my petitions, but in thy mercy
hear and answer me.

Amen.

Salve Regina (Hail, Holy Queen)

Hail, holy Queen, mother of Mercy.
Hail, our life, our sweetness and our hope.
To thee do we cry,
poor banished children of Eve;
to thee do we send up our sighs,
mourning and weeping,
in this vale of tears.
Turn then, most gracious advocate,
thine eyes of mercy toward us;
and after this our exile, show unto us
the blessed fruit of thy womb, Jesus.
O clement, O loving,
O sweet virgin Mary.

Hail, Joseph

Hail, Joseph, image of the Eternal Father;
Hail, Joseph, guardian of the Eternal Son;
Hail, Joseph, temple of the Eternal Spirit;
Hail, Joseph, beloved of the Trinity.
Hail, Joseph, spouse and companion of the Mother of
God.
Hail, Joseph, friend of angels.
Hail, Joseph, believer in miracles.

Hail, Joseph, follower of dreams.
Hail, Joseph, lover of simplicity.
Hail, Joseph, exemplar of righteousness;
Hail, Joseph, model of meekness and patience;
Hail, Joseph, model of humility and obedience.
Blessed are the eyes that have seen what you saw.
Blessed are the ears that have heard what you heard.
Blessed are the arms that have embraced what you embraced.
Blessed is the lap that has held what you held.
Blessed is the heart that has loved what you loved.
Blessed is the Father who chose you;
Blessed is the Son who loved you:
Blessed is the Spirit who sanctified you.
Blessed is Mary, your spouse, who honored and loved you.
Blessed is the angel who guarded and led you.
And blessed be forever all who remember and honor you.
Amen.

Act of Faith

O my God, I firmly believe that Thou art one God, in three Divine Persons, the Father, the Son and the Holy Ghost; I believe that Thy Divine Son became man and died for our sins and that He will come to judge the living and the dead. I believe these and all the truths which the holy Catholic Church teaches, because Thou hast revealed them, Who canst neither deceive nor be deceived.

Act of Hope

O My God, relying on Thy infinite goodness and promises, I hope to obtain pardon of my sins, the help of Thy grace and life everlasting, through the merits of Jesus Christ, my Lord and Redeemer.

Act of Love

O my God, I love Thee above all things with my whole heart and soul, because Thou art all good and worthy of all love. I love my neighbor as myself for love of Thee. I forgive all who have injured me, and I ask pardon for all whom I have injured.

Pope Benedict XVI's Prayer for Vocations

O Father, raise up among Christians abundant and holy vocations to the priesthood, who keep the faith alive and guard the blessed memory of your Son Jesus through the preaching of his word and the administration of the Sacraments, with which you continually renew your faithful.

Grant us holy ministers of your altar, who are careful and fervent guardians of the Eucharist, the sacrament of the supreme gift of Christ for the redemption of the world.

Call ministers of your mercy, who, through the sacrament of Reconciliation, spread the joy of your forgiveness.

Grant, O Father, that the Church may welcome with joy the numerous inspirations of the Spirit of your Son and, docile to His teachings, may she care for vocations to the ministerial priesthood and to the consecrated life.

Sustain the Bishops, priests and deacons, consecrated men and women, and all the baptized in Christ, so that they may faithfully fulfill their mission at the service of the Gospel.

This we pray through Christ our Lord. Amen.
Mary, Queen of Apostles, pray for us.

Prayer of St. Francis of Assisi

Lord, make me an instrument of your peace.
Where there is hatred, let me sow love.
Where there is injury, pardon.
Where there is doubt, faith.
Where there is despair, hope.
Where there is darkness, light.
Where there is sadness, joy.

O Divine Master,
grant that I may not so much seek to be consoled, as to console;
to be understood, as to understand;
to be loved, as to love.
For it is in giving that we receive.
It is in pardoning that we are pardoned,
and it is in dying that we are born to Eternal Life.
Amen.

Prayer of St. Thomas Aquinas

Lord, Father all-powerful and ever-living God, I thank You, for even though I am a sinner, your unprofitable servant, not because of my worth but in the kindness of your mercy, You have fed me with the Precious Body & Blood of Your Son, our Lord Jesus Christ.
I pray that this Holy Communion may not bring me condemnation and punishment but forgiveness and salvation.
May it be a helmet of faith and a shield of good will.
May it purify me from evil ways and put an end to my evil passions.
May it bring me charity and patience, humility and

obedience,
and growth in the power to do good.
May it be my strong defense against all my enemies,
visible and invisible, and the perfect calming of all my
evil impulses,
bodily and spiritual.
May it unite me more closely to you, the One true God,
and lead me
safely through death to everlasting happiness with You.
And I pray that You will lead me, a sinner, to the banquet
where you,
with Your Son and holy Spirit, are true and perfect light,
total fulfillment, everlasting joy, gladness without
end, and perfect
happiness to your saints. grant this through Christ our
Lord,
Amen.

Prayer of St. Dominic

May God the Father who made us bless us.
May God the Son send his healing among us.
May God the Holy Spirit move within us and
give us eyes to see with, ears to hear with,
and hands that your work might be done.
May we walk and preach the word of
God to all.
May the angel of peace watch over us and
lead us at last by God's grace to the
Kingdom.
Amen.

Prayer of St. Benedict

Gracious and holy Father,
grant us the intellect to understand you,
reason to discern you, diligence to seek you,
wisdom to find you, a spirit to know you,
a heart to meditate upon you.
May our ears hear you, may our eyes behold you,
and may our tongues proclaim you.
Give us grace that our way of life may be pleasing to
you,
that we may have the patience to wait for you
and the perseverance to look for you.
Grant us a perfect end--your holy presence,
a blessed resurrection and life everlasting.
We ask this through Jesus Christ our Lord.
Amen.

From "The Breastplate of St. Patrick"

Christ be with me, Christ within me,
Christ behind me, Christ before me,
Christ beside me, Christ to win me,
Christ to comfort and restore me.
Christ beneath me, Christ above me,
Christ in quiet, Christ in danger,

Christ in hearts of all that love me,
Christ in mouth of friend and stranger.

Prayer in Honor of St. Peter Julian Eymard

Gracious God of our ancestors,
you led Peter Julian Eymard,
like Jacob in times past,
on a journey of faith.
Under the guidance of your gentle Spirit,
Peter Julian discovered the gift of love
in the Eucharist which your son Jesus
offered for the hungers of humanity.
Grant that we may
celebrate this mystery worthily,
adore it profoundly, and
proclaim it prophetically
for your greater glory.
Amen.

Saint Peter Julian Eymard,
Apostle of the Eucharist,
pray for us!

Prayer to Saint Christopher

Grant me, O Lord, a steady hand and watchful eye.
That no one shall be hurt as I pass by.
You gave life, I pray no act of mine may take away or
mar that gift of thine.
Shelter those, dear Lord, who bear my company, from
the evils of fire and all calamity.
Teach me, to use my car for others need; Nor miss
through love of undue speed The beauty of the world;
that thus I may with joy and courtesy go on my way.
St. Christopher, holy patron of travelers, protect me and
lead me safely to my destiny.
Amen.

The Fragrance of Christ

Help me to spread your fragrance everywhere I go - let
me preach you without preaching, not by words but by
my example - by the catching force, the sympathetic
influence of what I do, the evident fullness of the love my
heart bears to you.

Dear God

Dear God,
please reveal to us your sublime beauty
that is everywhere, everywhere, everywhere,
so that we will never again feel frightened.
My divine love, my love,
please let us touch
your face.